

Through the
Veterans Programme,
our vision is that
veterans, reserves and their
families will receive:
a mentor,
our buddy system,
on-line support,
group meetings,
signposting to other services,
organisations and professionals,
and lifestyle coaching.



WHO ARE WE?



Simple Solutions
was founded by Lucy and Roger Nield
in 2012.

We provide:

- Project Management.
- Health and Safety support and training.
- Risk assessments.
- We test and exercise business continuity for clients.
- Interview training.
- Social Media management.

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VULNERABLE VETERANS

When the Dust Settles



We are helping veterans from our
armed forces who enter the
criminal justice system or become
homeless rough sleepers in Surrey.
Our programme's goal is to save
lives and resources.





Office of the Police and Crime
Commissioner for Surrey



The Vulnerable Veterans Programme is funded by the Ministry of Defence through the Armed Forces Covenant Fund and is managed through the Office of the Police and Crime Commissioner for Surrey and with the support of the Surrey Civilian Military Partnership Board.

It is presented by Roger and Lucy Nield who are parents to two serving soldiers.

FOR VETERANS RESERVES & FAMILIES

The issues service personnel and their families face when leaving the armed forces are known and anticipated by the services but there is a gap in the available support. A relatively small proportion of veterans become involved in the criminal justice system with others simply dropping out of society. These problems can be exacerbated when the veteran feels worthless or is too proud to ask for help.



CASE STUDY A:

An Ex-soldier's son was hurt in an explosion that killed three of his squad and injured all the others. His dad acted as the link between all the families, becoming withdrawn & depressed over time due to the ongoing issues. This badly affected his work and family and it was only timely outside intervention that drew him back from the precipice.



CASE STUDY B:

A naval rating served in Bosnia. On leaving the Service they joined the police and were later injured in an assault. The resulting shoulder injury brought on latent PTSD and without family support they attempted suicide and ended up in hospital. Following treatment for PTSD & surgery they were medically discharged.



CASE STUDY C:

A soldier serving in Northern Ireland in the 1970's was medically discharged with PTSD and over time he fell into depression. Turning to alcohol he became involved in crime. Over 25 years he has fought his way back, retaken control of his life and now runs a charity supporting local veterans.

